

Get Free Bounce Back (lyrics)

Hook:

Get free, bounce back catch the spirit...I We a bit of fun, get near it (4 times)

Verse:

Love is the truth like the birth of a heartbeat

Sleeper zombie lies Relentless little barks sneak

Feel the drums, catch the spirit, detach like a Sharkee

Motivate your goal where the Mind and Body heart meets

Hopefully we're leaving behind the mind to build the art peace

Spirit 1000 years in a day they can't tear apart the

Message is what it is, ain't what it's not, how dare they aren't we

People teaching equal, eternally the start be

How you be, detach from the hate elections fought

Rap is peace, expression working it out with what we got

Sleeper dis tries to make it seem what it's not

If we did anything, rhymes like His Bro and that's a lot

Treat the system not the symptoms Globally integrate

3rd story speaking reason, art medicine "gonna to be great"

Loopholes politics, shows it's guilt quiet hate

Like a splinter, naturally surfacing to its fate

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Verse:

We represent every time zone such a revelation
Every moment everywhere gettin' grounded motivatin'
Salvage jobs, sung or unsung worth celebratin'
Bigger picture view, temporary lives meditatinn'

Connecting online community a comfort thing
Helps us not feel so alone that's real Mang
We bring it back daily strong together bling
Air and ground Alliance balancing the everything

Right now we're helping you get back to the Refuge
Goes for any of us, move along Bubba let's choose
Build or destroy Faith Hope don't let worry lose
Sight of the inside mind, know we loves you

Peace to "got your mind in a bear hug", we love you G
Musical hugs, (gotta) get these Tunes done from above me (within/above)
Nutty block respect keep it low so much is funny
The world wants to know, so tell it slow so it's lucky (We have to be gentle sharing the truth with Earth Families. Slowly but surely)

Hook:

Get free bounce back catch the spirit... I We, a bit of fun, get near it

Outro:

We're going ahead with the peace, whether any opponents on Earth care or not. So, we say 1love to Team Cachao, New Orleans Jazz Parades, Studio Jahrumz, (Peace to) "Our heads are on a Swivel" :o)

Peace to One Bn'B (B unity), Competitor Whatever (we talk through the Art :o), Respect.

We know, that there's still opponents on Earth, who don't understand the peace that we're trying to teach and share. As technology grows exponentially on the planet, many People will feel like they are everywhere all at once, at times that feels like being nowhere, but we're always somewhere :o) (take care Friends...)...so this tune is all about bouncing back to U. Get back to U. Get Free. Catch the Spirit of love. 1

(A question is usually asked: "Why put the lyrics? And tunes?"...well, our journey together has been a shared story, and there have been many critics that lie and take things out of context, so we found it was best to share stuff, and that way, we could "that's that" with it :o)...Cool. Lots of love and prayers...peace on Earth)