

Peace – Here are charts from 8-27-26 – I learned more **“Self Knowledge”** today.

The recent “I.A.M” PDF shares all about my recent ideas on how maintaining a **“Devotional Awareness”** to a “proven” strategy is **“Mathematics”** (life is build or destroy) –

Stay devoted to the “proven” system (at least for a month), then review (basically)

“Long Story Longer” – What I learned on the 8-27-26 session was to only focus on 1 symbol, and that I don’t have to let the indicator scan for many hours, only for **“Power hours”** (or 1 hr ½) –

Other than that **I was trying to stay devoted to the “MFB – Stage Process System”** – and keep peaceful –

Yes, AND KEEP PEACEFUL –

Yeah, I know, a lot of people don’t talk about that – **Peace is part of “Self Knowledge” for me**, and that’s why its taking me extra time to find a process that works with peace –

When I view a trading session as a clear window of time, that makes more sense to me.

A trading session could seem like “zoom” call or class, as opposed to a stressful “win or loss” experience – The process is the peace.

The “MFB – Stage Process System” is how I am organizing a trading session –

Like the “**Trading in the Zone**” book says:

1- “**Devotion**” to a “Mechanical Process”

The Mechanical Process is where the “certainty” is –

2) “**Accept Uncertainty**” – “A.U.” – Hey U! :o) Time 4 Knowledge of Self -  
Embrace the “uncertainty” of the markets with a “Probabilistic Mindset” –

I like this idea: “**D.A.U.**” – Devotion – Accept – Uncertainty (Sounds like Tao)

Cool – here is what I learned from this session, and I improved the “MFB – Stage Process System” PDF. Peace –

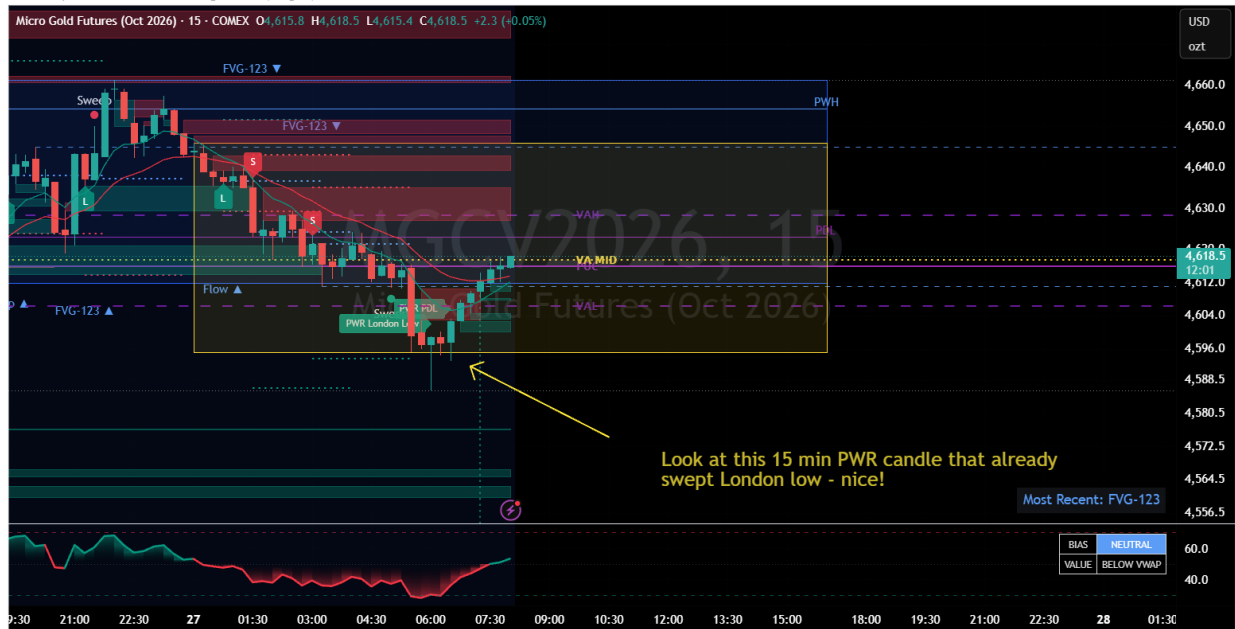
I am going to share the MNQ pics first then the MGC –

Peacethrprocess created with TradingView.com, Aug 27, 2026 06:44 UTC-4



TradingView

Peacethrprocess created with TradingView.com, Aug 27, 2026 08:02 UTC-4



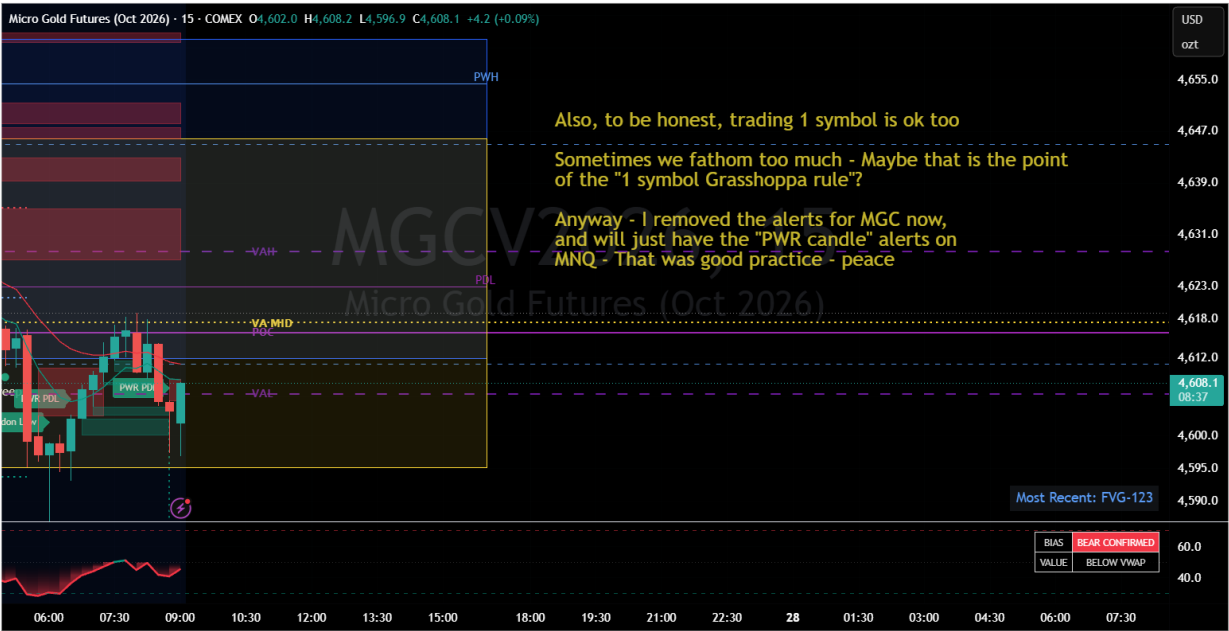
TradingView

Peacethrprocess created with TradingView.com, Aug 27, 2026 09:03 UTC-4



TradingView

Peacethrprocess created with TradingView.com, Aug 27, 2026 09:06 UTC-4



TradingView

Peacethrprocess created with TradingView.com, Aug 27, 2026 10:22 UTC-4



TradingView

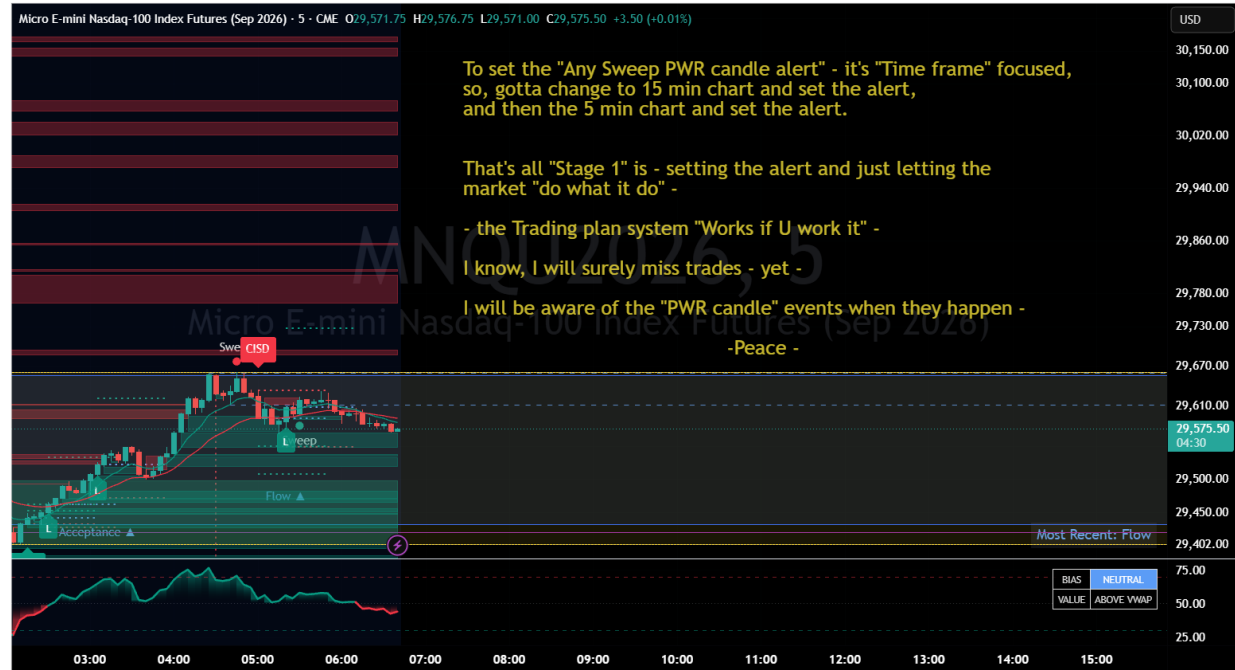
Now the MNQ charts---

Peacethrprocess created with TradingView.com, Aug 27, 2026 06:34 UTC-4



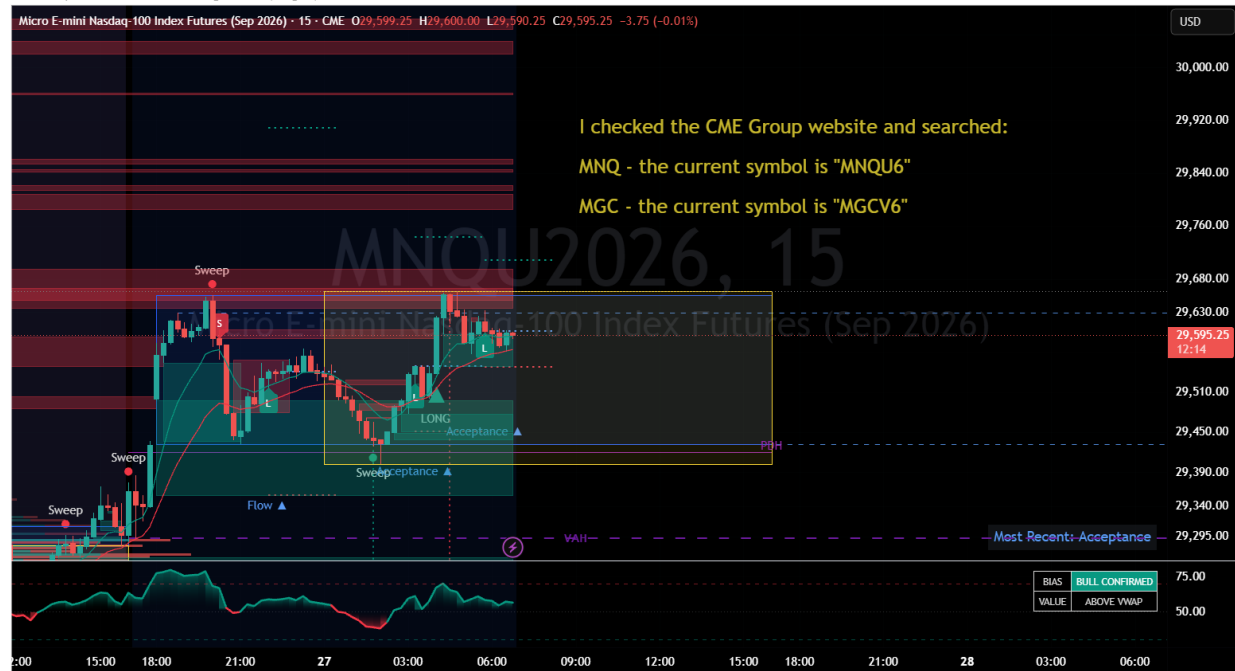
TradingView

Peacethrprocess created with TradingView.com, Aug 27, 2026 06:40 UTC-4

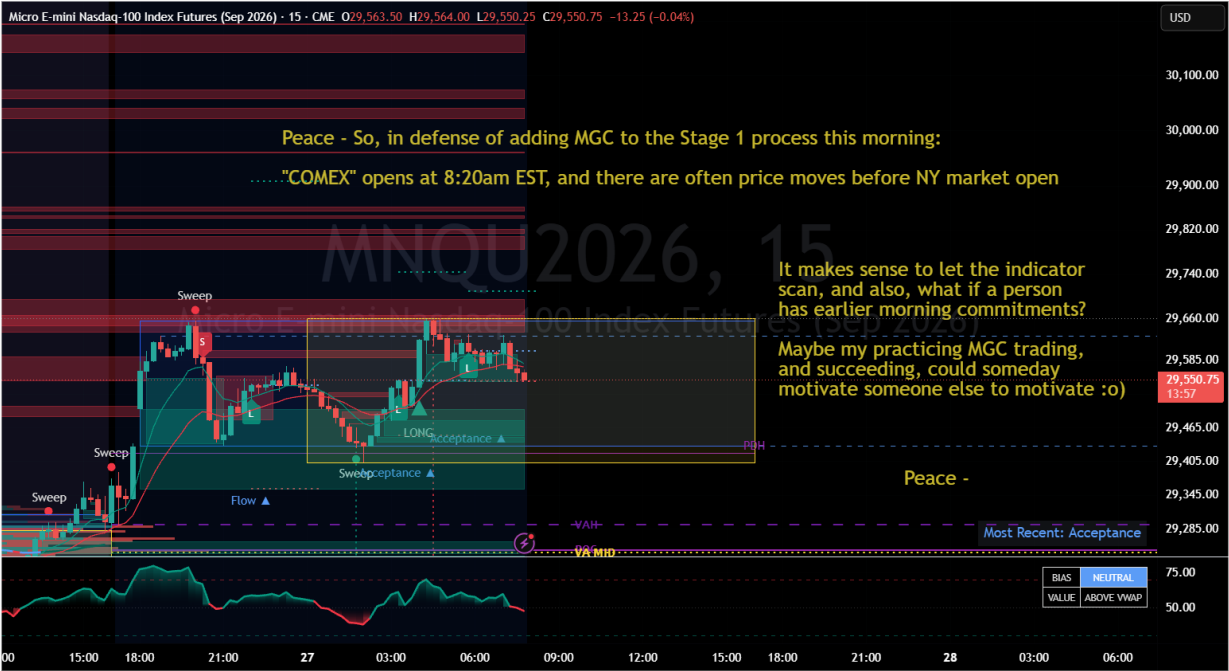


TradingView

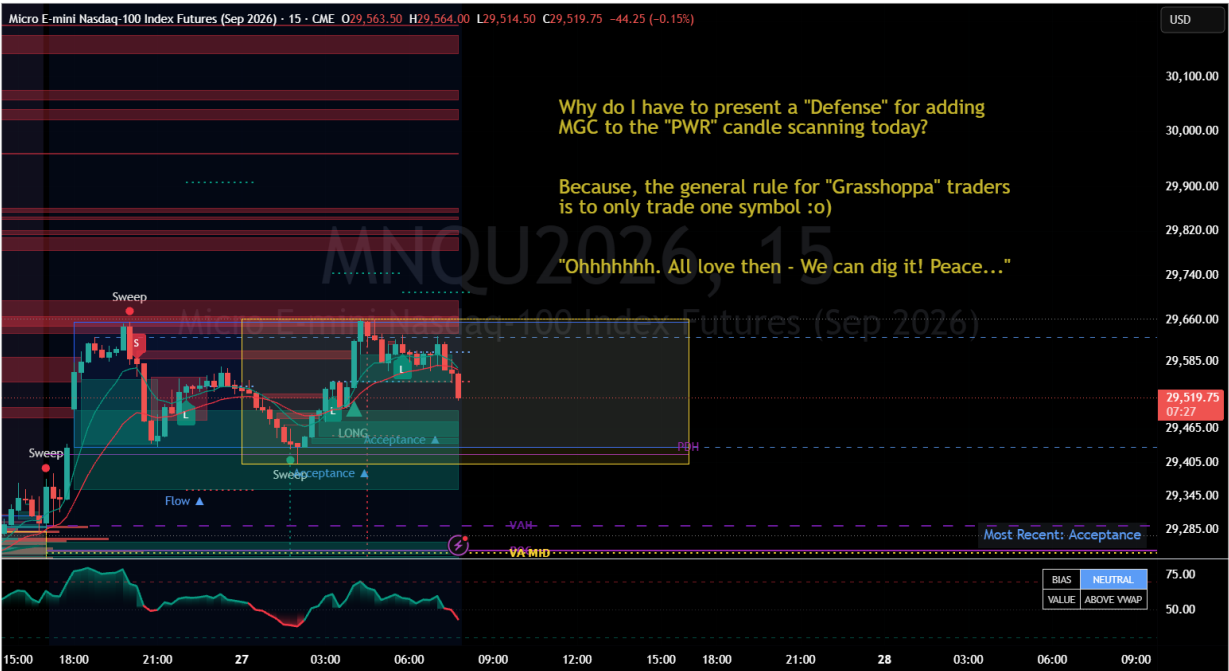
Peacethrprocess created with TradingView.com, Aug 27, 2026 06:47 UTC-4



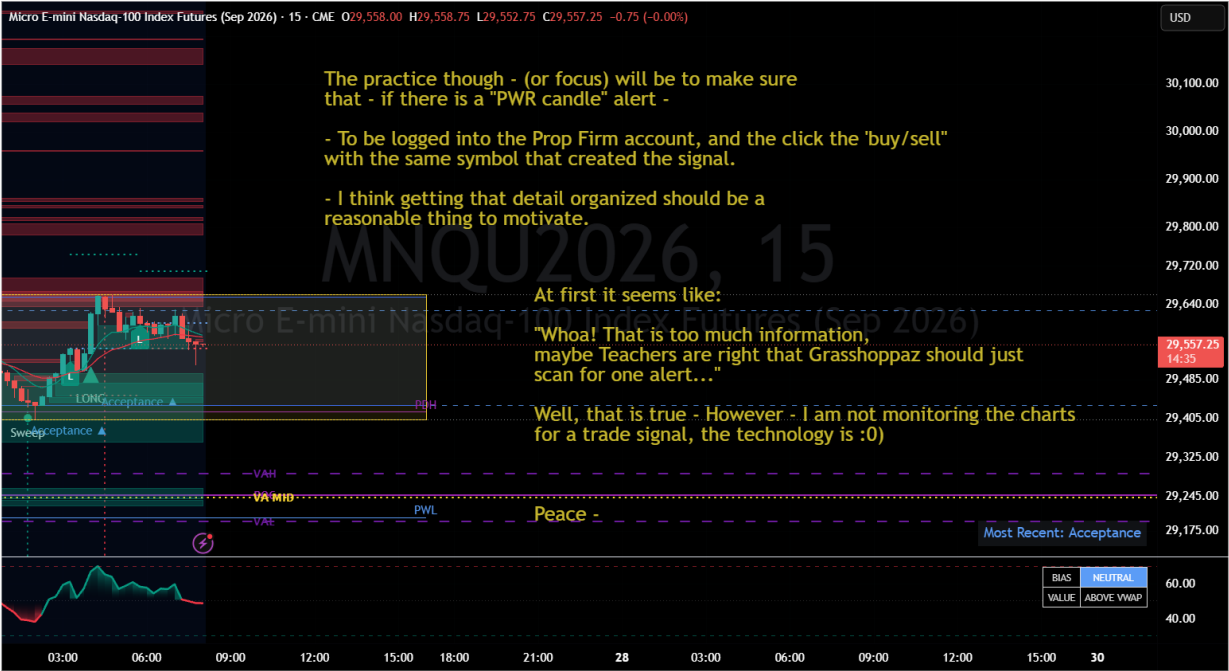
TradingView



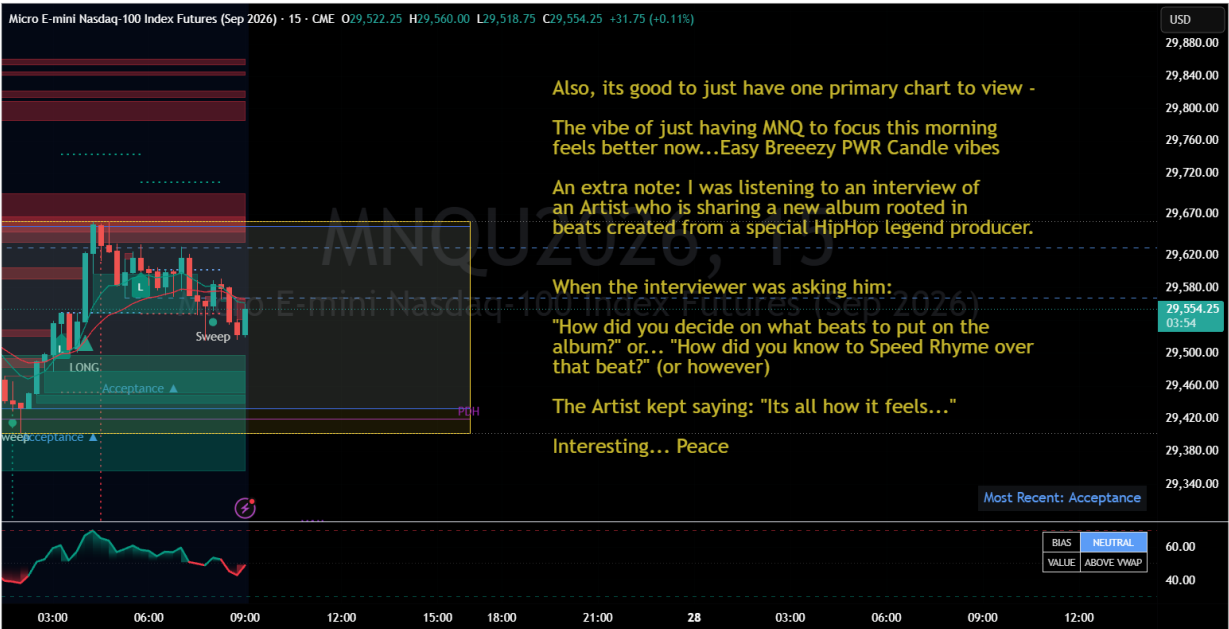
TradingView



TradingView



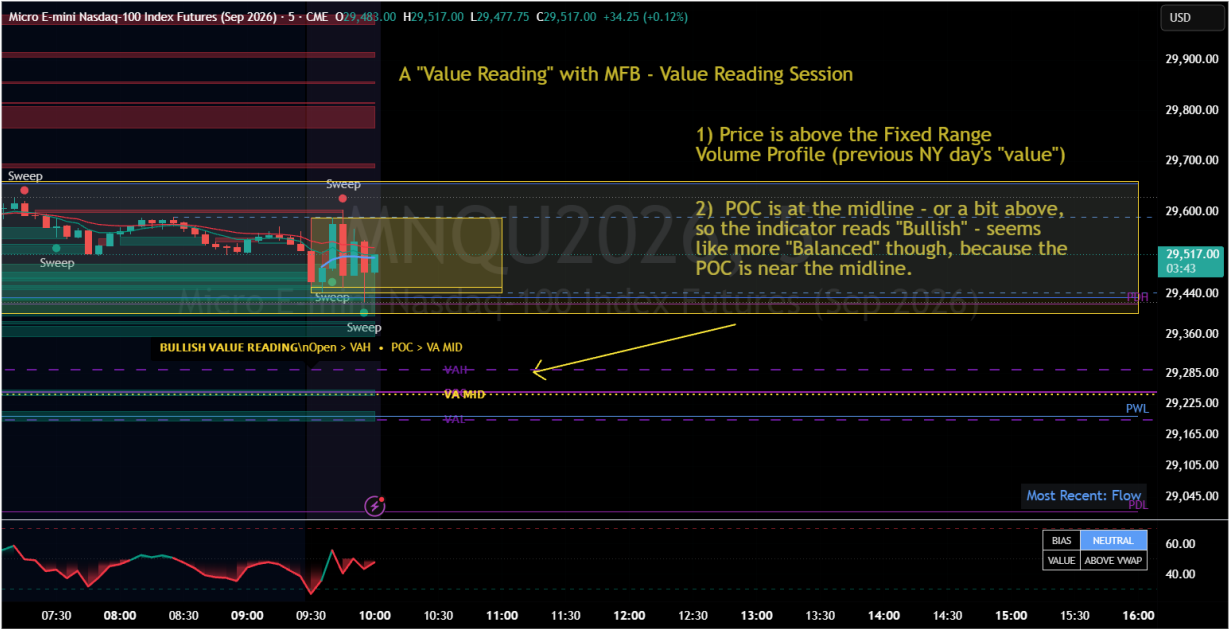
TradingView



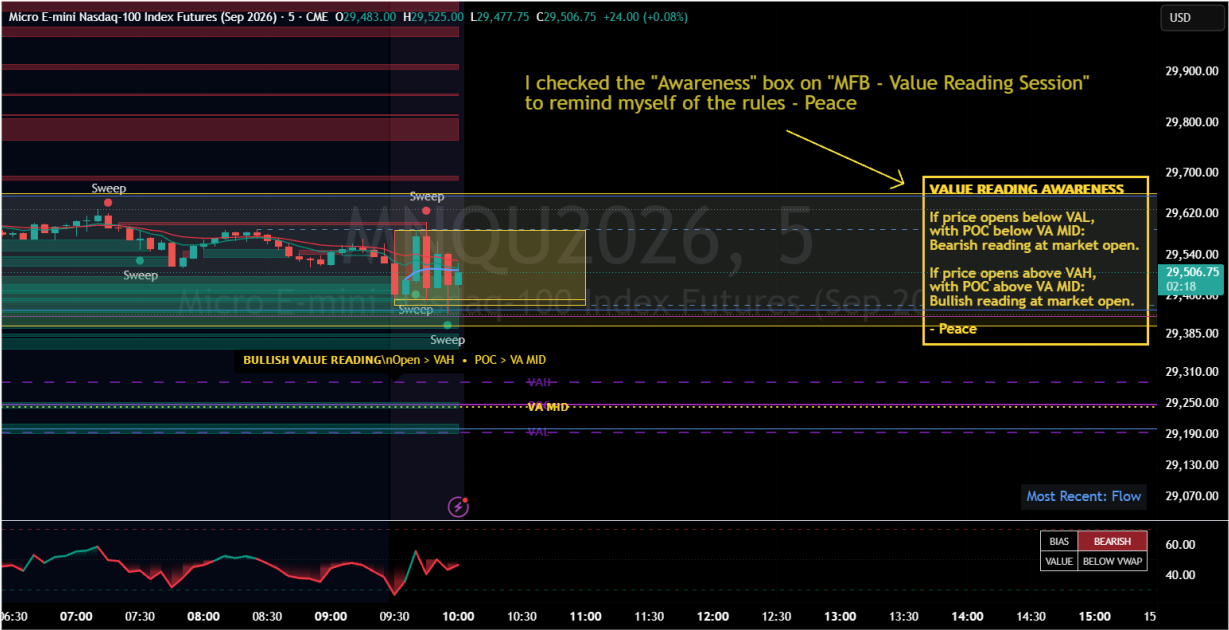
TradingView



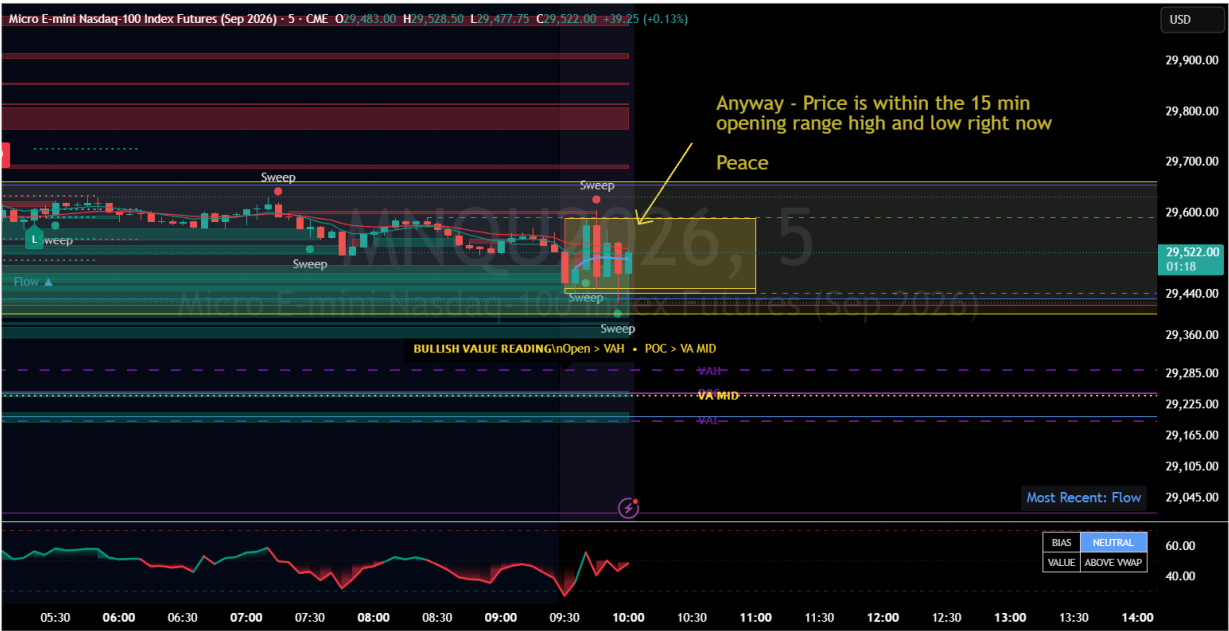
TradingView



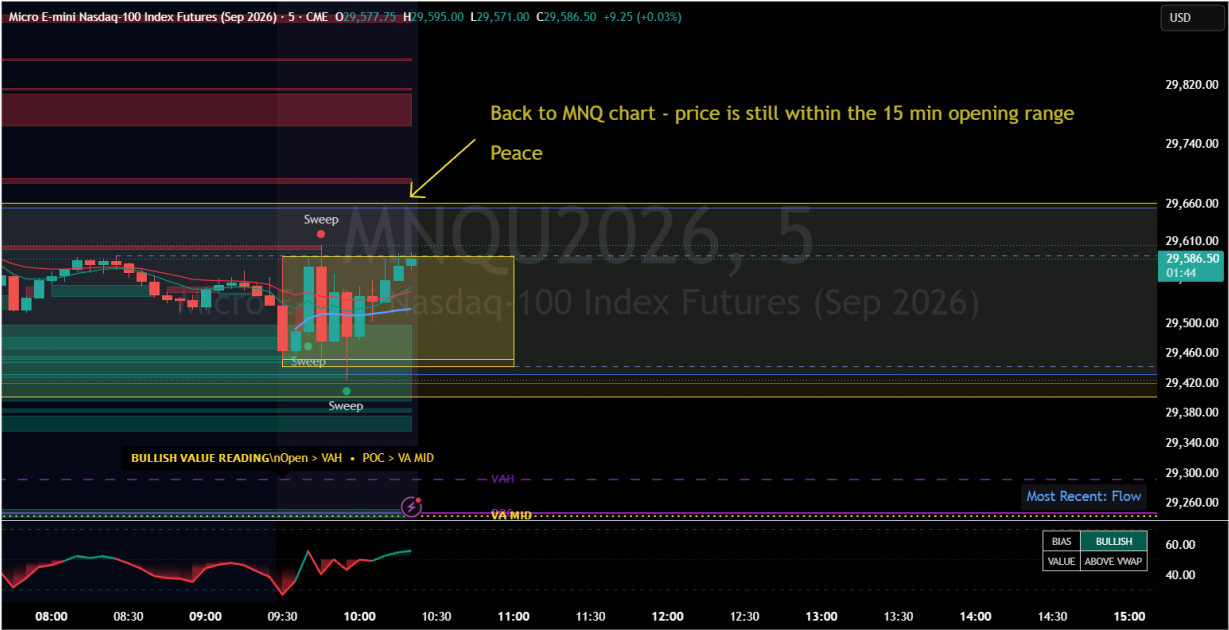
TradingView



TradingView



TradingView



TradingView



TradingView

