

Peace – I had a chat with the Trade Assistant (“Coach”) and when trading MGC (Gold futures) this is the strategy that was considered valid.

This strategy works with the **“Universal MFB – Flow/Sweep/FVG-123/Setup”** indicator, because it works well for “Sweep” FVG-123 signals.

As usual, the indicator works well with the **“Momentum Flow Build w/FVG v6 (clean)”** indicator that draws key levels and FVGs.

The strategy shared here is the 5 min chart “Sweep + FVG-123”



Here are the best times to trade MGC (Gold Futures) for this setup:

London session - 12am to 3:45am EST – High Quality – watch for Asia Sweep

COMEX open – 8:20am to 9:30am –

COMEX open brings new order flow, and there are often sweeps of overnight key levels, which suits the 5 min Sweep + FVG-123 trade setup well.

(Key levels are London/Asia sessions/PDH/PDL)

Gold often gets choppy around NY open (9:30am EST)

This next section was informed thanks to the Trade assistant:

(I call it “Coach” – Smarttrader AI -STB)

“Awareness” for consideration when trading the 8:20am to 9:30am EST

“COMEX” open session -

The idea for the strategy, is that:

Price moves from mitigated liquidity toward unmitigated liquidity.

Let the indicator signal inform the trading session –

This “Awareness” consideration has everything to do with what key level has already been swept or not, which will tell us the potential for price moves towards “un-swept” liquidity levels.

Look for 5 min chart “Sweep + FVG-123” signals near the key levels (Asia High and low are blue lines)

Once a side is swept and the FVG-123 confirms the rejection, that side is done.

Price naturally seeks the remaining untouched liquidity. Your job is simply to identify what's been taken and what hasn't — then follow price toward what remains.

That principle is what makes this framework logical, not just rule-based.

When you understand *why* it works, it becomes easier to apply with confidence in real time.

For example:

Sweep + FVG-123 at Asia Low → bearish liquidity taken below → expect COMEX to target Asia High next → **long setup** (price moves up toward unswept high)

Sweep + FVG-123 at Asia High → bullish liquidity taken above → expect COMEX to target Asia Low next → **short setup** (price moves down toward unswept low)

Sweep + FVG-123 printed at BOTH Asia high and low, then **Don't trade — choppy session likely**

No signal printed at either Asia high or low, then both high and low are available — **wait for COMEX price behavior to unfold.**

What about PDH and PDL?

Very simply – PDH and PDL are good liquidity sweep levels to watch for.

If the Asia high and low are sitting near PDH/PDL then its considered a **“Confluence zone” — the highest quality sweep goal of the session.**

Step 1 — Check your indicator for Asia session signals:

- Signal at Asia Low only → bearish liquidity taken, bullish sweep potential at Asia High for COMEX
- Signal at Asia High only → bullish liquidity taken, bearish sweep potential at Asia Low for COMEX
- Signal at both → sit out
- No signal → both levels live, wait for COMEX direction

Step 2 — Check PDH/PDL position:

- Does PDH or PDL sit near the unswept Asia level? → Confluence, highest quality setup

- Does PDH or PDL sit near the already-swept Asia level? → Mitigated, lower significance
- Does PDH or PDL sit independently away from Asia levels? → Treat as a separate secondary sweep target

Step 3 — At 8:20 AM:

- Watch for your indicator to print Sweep + FVG-123 at the unmitigated level identified in Steps 1 and 2
- If it prints at the confluence zone → highest conviction entry
- If it prints at a non-confluence level → valid but lower quality
- If no signal prints in the 8:20–9:30 window → no trade, session was not cooperative

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