

Experiential Trading session review – 10-9-26

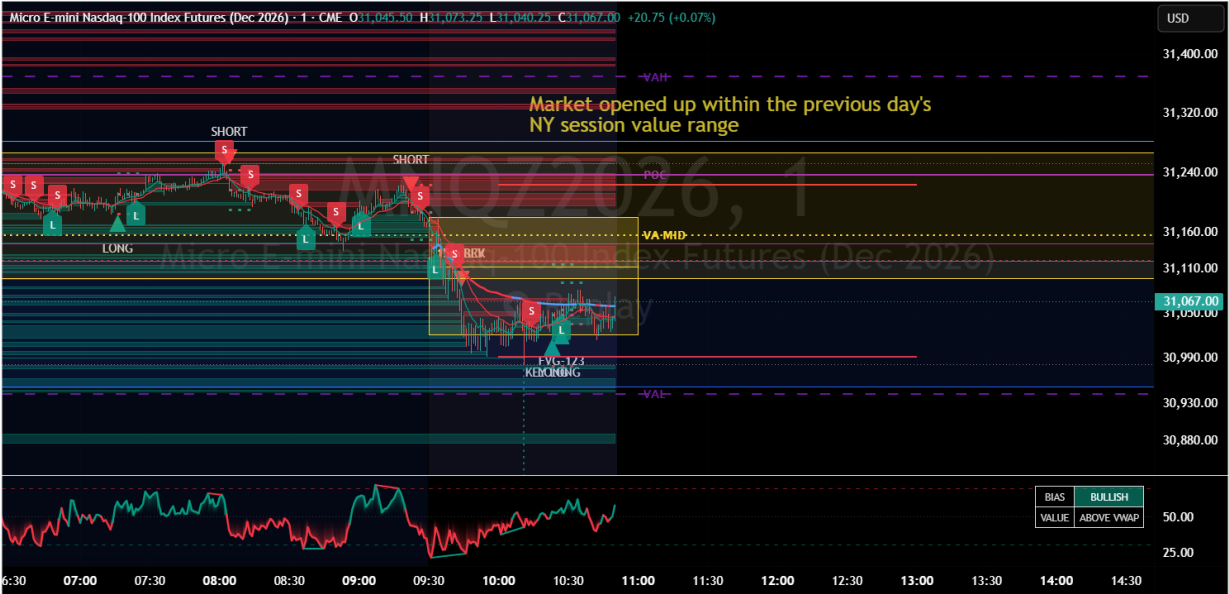
Peace – Here is a trade review with “Coach”, as the “MFB – One Chart – 1 min” indicator was printing signals, **yet the trading session needed “Framework”** to organize the trade session according to market “Value”.

The market opened within the **Previous Day’s NY session Fixed Range Volume Profile**, and that is where price tends to find “balance”, meaning, it likes to “rotate” back and forth, as opposed to finding a direction (trend).

When the market is in “balance” this is when the trade signals will often be “chop”, “false signals”, or “stopped trades”.

“Coach” liked the way I stayed devoted to allowing a losing trade, and also that I placed the stop loss at the FVG (because if the FVG was invalidated, it was a reason to close the FVG-123 trade)

Here are 2 pics from today – Price never left the “Value Range”:



TradingView



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Here is a checklist going forward, and the “**MFB – Value Reading Session**” indicator already helps establish these “Ground rules”, so that’s good :o)

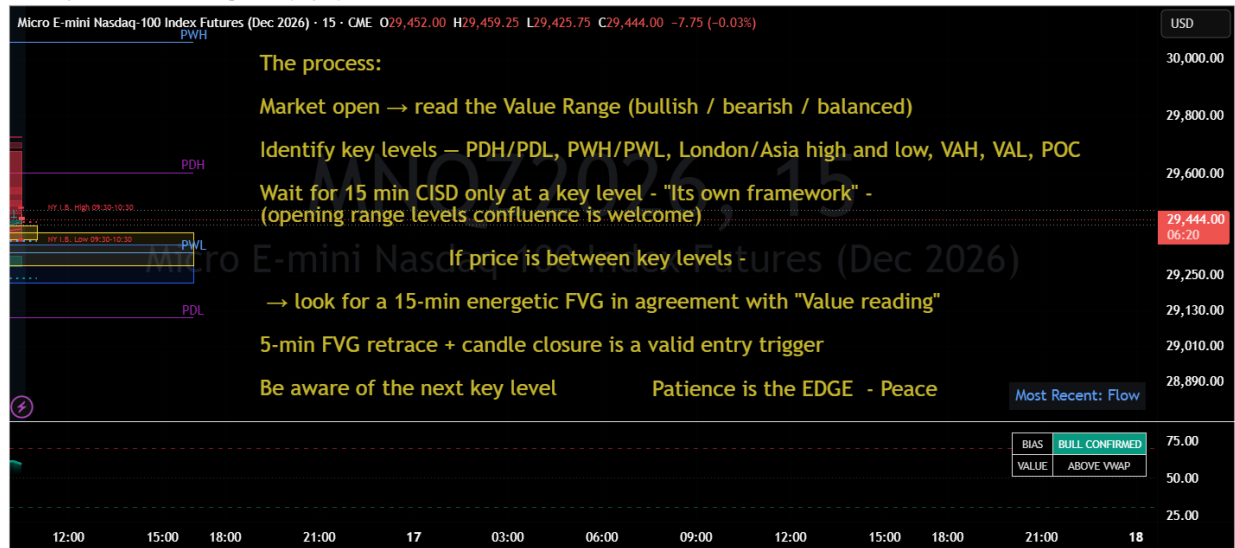
- 1) **Where did price open** in relation to Previous NY Fixed Range Volume Profile, and what is the profile shape (I will explain in further PDF’s)?
- 2) **MFB trade entry signal filtering** – Has price been accepted beyond the VAH or VAL yet, and is the signal printing at a meaningful key level (it should, because the indicator was programmed to filter key levels)?

The trade setup that is being most talked about is either a bounce off (rejection) of VAH/Val, or if price gets “Accepted” beyond VAH/VAL and then retraces into a continuation of the same direction of the “Acceptance”.

Here are a few chart musings. Peace.



Peacethruprocess created with TradingView.com, Sep 16, 2026 10:38 UTC-4



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So, the “MFB – One Chart – 1 min” indicator will be printing the trade signals (key level, 9-20 EMA cross and FVG-123 on 1 min chart), yet I used to only trade the 15 min CISD.

Its just gotta be all about “Framework”. Peace.